

Grade: 7th

The Commercial Break

I am doing school in my bedroom and I am not able to see friends or family face to face. Within the first few weeks of the lockdown I started to realize just how much of my life has been put on pause. This feels like a very long commercial break from the show that is my life. Pause, as I go to kick that soccer goal that never got to happen. Pause, as I start to blow into my sax at the jazz concert. Pause, as I get ready to walk out the door for dinner out with family. Life for all of us was suddenly paused in March 2020.

Although at first when the quarantine just started I felt like everything was changing, now I feel like everyday is an exact replica of the last. Day to day life has become as repetitive as a train going back and forth between two stations forever. I wake up, go to school on zoom, do homework, go to clubs on zoom, and go to bed. All human interaction has become digital and it has sucked the life out of me like a vacuum.

Before lockdown I was able to go outside, talk to friends, and go out to restaurants with my family. However, due to Covid-19 I can no longer enjoy those things. I have also noticed that me and the others around me have been consumed by technology much more everyday. We watch Netflix, Hulu, and cable TV as replacements for going to events, sports games, and practices just to fill the time before we go to bed and work again. This unique situation and circumstances has made me cherish the few days that I can go out to covid safe events with my friends, even if that is just biking outside or going to an outdoor restaurant. Everyday experiences that used to be pennies have become hundred dollar bills.

But if I am being honest, this commercial break isn't all bad. One benefit of this lockdown is that it has promoted a healthier lifestyle for my family. We have more time to cook and more time to spend together. We even have more time to sleep! Although the pandemic has changed a lot of things it has also taken away the hustle and bustle of what used to be everyday life. Covid-19 has given my family an opportunity to slow down and look at how we are living and make readjustments to the positives and negatives of our lives accordingly. That being said, I am ready to get back to the show! Unpause.